## Intramural Sports: A Key to Student Engagement in Higher Education

Intramural sports participation continues to be popular amongst collegiate recreation programs across the nation. While enriching the overall growth of college students there is a need for physical, emotional and moral development. For intramural sports participation in particular, identifying the social and cultural perspectives, highlighting the program areas that contribute to the co-curricular efforts of your institution, will allow for the opportunity to create an innovative program for your participating student population even if your budget is tight and your resources are limited.

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